



## Effective Practices to Support DREAMers Right Now!

November 21, 2016

- Call or meet with every undocumented student on your campus.
- As the holidays are coming up, ensure your DREAMers who cannot get back home are not alone. Create events or invite DREAMers to get-togethers during key holiday days. During these uncertain times, being alone can increase the level of anxiety and/or depression for these students.
- Create and publicize on-going/regular safe space drop-in gatherings where DREAMers can just gather with others who will be supportive.  
**Example:** DREAMers Drop-In Gatherings every Friday 4pm to 6pm
- Create a regional event with nearby colleges to provide information, assistance and support to DREAMers.

### **Example: Regional event of Partner Colleges in Colorado**

MSU Denver, CU Denver, and the Community College of Denver are coming together to do a shared open forum, at which panelists (legal specialists, lawyers, mental well-being professionals and institutional representatives) are answering DREAMers questions, providing resources and offering support

- Emails Statements of Support from College Presidents (See samples below)
- Send a letter to students and faculty expressing that the university will stand with their undocumented students and protect their families

### **Example from UC Santa Cruz Office of Educational Opportunity Programs:**

<http://eop.ucsc.edu/about/elections.html>

- Some colleges are declaring themselves to be sanctuary colleges. If your school decides to do the same, here are some samples statements:  
[http://www.reed.edu/reed\\_magazine/sallyportal/posts/2016/sanctuary-college.html](http://www.reed.edu/reed_magazine/sallyportal/posts/2016/sanctuary-college.html)  
  
<http://roth.blogs.wesleyan.edu/2016/11/20/wesleyan-university-a-sanctuary-campus/>
- Bring older DREAMer alumni or professionals who can serve as older peers/role models to speak with your DREAMer students. These older mentors can provide hope, resources, resiliency and meaning to the younger DREAMers.
- Create a safe space & build community: organize a "fall fiesta", pizza party, movie night or casino night with undocumented students to show that they are loved and not alone. For their mental health, it's extremely important that students are not isolated and have moments of distraction and relaxation.
- Provide financial support for immigration application fees. Students who qualify to apply for various forms of relief (e.g. legal permanent residency, U-Visa, Temporary Protected Status) need financial assistance.
- Provide legal services to undocumented students and their families. They need to know their rights and learn about the various types of relief they may be eligible for in these uncertain times.

**Example 1: UC Davis School of Law** (not a TheDream.US Partner College)

Their [Undocumented Legal Services Center](#) provides students and their families legal advice and representation, legal support for informational and know-your rights sessions, legal support for campus clinics and workshops to assist with DACA and other immigration related relief, assistance.

- Provide legal assistance to DACA students who are studying abroad in the winter session.

**Example #2: Citizenship Now at CUNY** has assigned lawyers to represent DACA students studying abroad in the winter session before USCIS to request emergency Advanced Parole. This is in coordination with the campus study abroad staff who are

making adjustments to the programs that would allow the students to return in the US no later than 1/19. If a student has any other immigration relief this legal entry back in the country will be critical.

- Share useful information with students.

Examples:

**Advice on Advanced Parole**

<https://mydocumentedlife.org/2016/11/11/advice-regarding-advance-parole-after-the-election-results/>

**Advice on DACA**

<https://mydocumentedlife.org/2016/11/10/advice-regarding-daca-whats-next-from-two-national-immigration-law-centers/>

**5 Important Things You Need To Know About DACA During a Trump Presidency**

<https://medium.com/@UNITEDWEDREAM/5-important-things-you-need-to-know-about-daca-during-a-trump-presidency-807db96132c3#.1336kkq95>

**· 5 Cosas Importantes Que Necesitas Saber Sobre DACA Durante La Presidencia de Trump**

<https://medium.com/@UNITEDWEDREAM/5-cosas-importantes-que-necesitas-saber-sobre-daca-durante-la-presidencia-de-trump-20d392445566#.m3w3nrthm>

**· Know Your Rights: Everyone Has Certain Basic Rights, No Matter Who Is President (Available in Spanish and Chinese)**

<https://www.nilc.org/issues/immigration-enforcement/everyone-has-certain-basic-rights/>

**· New Questions and Answers About DACA Now hat Trump Is President-Elect**

<https://www.nilc.org/issues/daca/daca-after-trump-q-and-a/>

- Assign an administrative office the responsibility for counseling DACA students on their educational situation.
- In the event of arrest, imprisonment, and deportation, or due to student reluctance to travel to or appear on campus, have in place arrangements for online continuation of their degree programs.
- Publicize and ramp up mental health and hotline services and stress that these are strictly confidential.

- Here are some helpful organizations for mental health issues:
  - Crisis Text Line  
<http://www.crisistextline.org>
  - National Suicide Prevention Lifeline: 1-800-273-TALK (8255)
  - The Trevor Project  
<http://www.thetrevorproject.org>
- To Write with Love On Their Arms  
<https://twloha.com>
- Youth Suicide Prevention Program (information on youth suicide)  
[http://yspp.org/about\\_suicide/statistics.htm](http://yspp.org/about_suicide/statistics.htm)
- See Memo from the Children’s Hospital of Chicago on the “Significant Impact of the Presidential Election on Youth Health and Well-Being” at the end of this document
- Provide campus harassment hotline and encourage students to report incidences of harassment
- Do #YoureNotAlone social media campaign
- Host an on-campus Townhall or DACA MASS
- Hold a “We’ve got your back” Vigil (have mentors/counselors stand up behind the Scholars as a symbolic gesture)
- Have a meeting with Scholars with counseling services joining the meeting
- Take students out to eat or do something fun and get their minds off of the issues
- Engage other multi-cultural orgs on campus to help create awareness (some undocumented students have faced insensitive “jokes/comments” about being deported)

- Translate key messages to Spanish and other languages and encourage Scholars to share these with their parents
- Encourage students to complete the term and then they can re-assess with their families what is right for them
- Hold a “Unity Support” meet and allows students to express their emotions, worries
- Trinity Reacts video – gave students an opportunity to express their emotions  
<http://www.trinitydc.edu/connect/2016/11/10/trinity-reacts-to-the-2016-election/>

**See Following Pages for Examples**

## Sample #1

**From:** [all-employees-bounces@lists.sonoma.edu](mailto:all-employees-bounces@lists.sonoma.edu) **On Behalf Of** Sonoma State University  
**Sent:** Friday, November 18, 2016 9:54 AM  
**To:** [all-seawolves@lists.sonoma.edu](mailto:all-seawolves@lists.sonoma.edu); [all-employees@lists.sonoma.edu](mailto:all-employees@lists.sonoma.edu)  
**Subject:** Statement from President Judy K. Sakaki: Respect, Inclusivity and Safety at Sonoma State



November 18, 2016

At Sonoma State we seek to foster a campus environment in which all people are respected – an environment that is safe and welcoming for everyone. All of us in the Sonoma State community must be able to study, teach, live and work on campus without being harassed or denigrated on the basis of racial/ethnic background, religion, political views, LGBTQ identification or immigration status, to name a few categories. I was very heartened that the large student protest last Wednesday evening was civil and respectful. However, I have also heard of possible incidents of harassing behavior based upon group identity. Threats, intimidation and harassment have no place on our campus, and such conduct that endangers the health or safety of another community member can be subject to disciplinary action. If you encounter or witness an incident of hate or harassment, please contact Student Affairs or Human Resources regarding the behavior of a student or employee, respectively (<http://www.sonoma.edu/crvd/>). For potential hate crimes please contact Police and Parking Services (<https://www.sonoma.edu/ps/police/>).

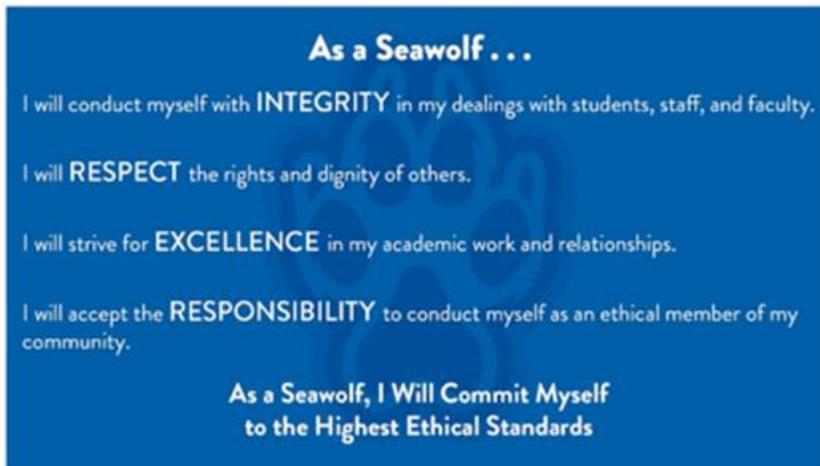
I also want to specifically address concerns voiced by some of our undocumented students. First, the federal election results do not change a number of important state laws that create equitable opportunity, including in-state tuition eligibility (AB 540 and AB 2000), and California and CSU institutional financial aid eligibility (AB 131 and AB 130). Second, I remain committed to securing funds for an undocumented student resource center that addresses the particular kinds of legal, academic and co-curricular needs of our undocumented students. Third, consistent with Chancellor White's remarks this week at the Board of Trustees meeting, at Sonoma State we are committed to an environment where community members should not worry about interacting with or reporting crimes to Police and Parking Services due to fears connected to Immigration and Customs Enforcement (ICE). At Sonoma State we uphold CSU policy directing, unless contravened by the California Government Code or required by law, that:

1) Sonoma State will not enter into agreements with state or local law enforcement agencies,

Homeland Security or any other federal department for the enforcement of federal immigration law;

- 2) Sonoma State police will not honor immigration hold requests;
- 3) Sonoma State police do not contact, detain, question or arrest individuals solely on the basis of being -- or suspected of being -- a person that lacks documentation.

We have a responsibility to ourselves and others to maintain a campus climate of respect, inclusion and safety. We are stronger because of our diversity of backgrounds, opinions and ideas. Let us continue to learn from and with each other in the spirit of openness, cooperation and collaboration. In closing, I leave you with the *Seawolf Commitment*, which reflects ethical principles that are fast becoming part of the fabric of student life at Sonoma State:



Respectfully,

President

## Sample #2

**From:** Jordan, Steve [<mailto:stevejordan@msudenver.edu>] **Sent:** Thursday, November 10, 2016 3:36 PM **To:** All Employees restricted use list **Subject:** A post-election message

Dear members of the MSU Denver community,

Many of us are still processing Tuesday's national election, and the next few days are likely to be filled with high emotion and, for many, anxiety. I want to affirm that MSU Denver is a place where we can hold deep divisions in opinion, but treat each other with respect and affection. Open, honest, civil debate on differing viewpoints, ideas and issues is a cornerstone of higher education and our democracy. I trust that our post-election conversations—in and out of the classroom—will demonstrate our capacity to listen to each other and respect the diversity of opinions and emotions we have.

I also want to ensure you that nothing in the national election changes MSU Denver's commitment to its core values of community, access, diversity and respect, nor does it change our commitment to support to all members of our community. We must also remind ourselves that election rhetoric is a long way from actual policy, and that we hold all members of our community—with or without documentation, regardless of immigration status or religious affiliation—as full and protected members, and I want to take this opportunity to affirm my unqualified commitment to policies and practices that support their participation in our academic community. And, we have no intention of ever abandoning these commitments.

President Obama, President-elect Trump and Secretary Clinton have all called for unity. Let us join them.

Sincerely,  
Stephen M. Jordan, Ph.D.  
President - Metropolitan State University of Denver



### Sample #3

**From:** Donna L. Freeman **Sent:** Friday, November 11, 2016 11:36 AM  
**To:** [mhernan2@cbu.edu](mailto:mhernan2@cbu.edu) **Cc:** Paul Haught; Anne H. Kenworthy  
**Subject:** Message from President John Smarrelli Jr., Ph.D. **Importance:** High

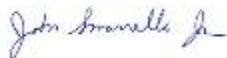


In the wake of our recent presidential election, I am aware that many of our Dreamers are very concerned about their future. Please know that I am fully committed to you and your families and will do everything in my power to support you and ensure your safety and well-being.

Please join us on Monday, November 14 in Spain Auditorium at 1:00 p.m. for an opportunity to openly voice your concerns. Dr. Paul Haught, Vice President for Academics and Student Life, and Dr. Anne Kenworthy, Vice President for Enrollment Management, will be there to discuss and address them with you.

You are among the most exceptional, accomplished, and inspiring students we have had the honor to welcome into our community. You are a valuable part of CBU, you are part of our family, and you have a home with us.

With appreciation,



**John Smarrelli Jr., Ph.D.**  
President  
Christian Brothers University  
650 East Parkway South  
Memphis, TN 38104

## Sample #4

**From:** City Honors <[cityhonors@ccny.cuny.edu](mailto:cityhonors@ccny.cuny.edu)> **Date:** November 11, 2016 at 2:56:33 PM EST  
**To:** <[Gkenefa000@Citymail.Cuny.Edu](mailto:Gkenefa000@Citymail.Cuny.Edu)>  
**Subject: IMPORTANT!!!!: Knowing Your Rights & Resources + DACA Info**

Dear Honors Students,

This is an uneasy time for many of us, and we know how essential it is for students to have access to knowledge and resources. Know that your advisors are available to talk about the election, so please contact us if you would like to do so.

Many students at City College are immigrants, children of immigrants, or have family and friends who are and need access to information. Attached and below are documents and information relevant to immigrants, students with DACA status, and undocumented peoples more generally.

Attached is a PDF of the fact sheet from the Immigrant Legal Resource Center that CUNY Citizenship Now circulated yesterday online. Second, is a "know your rights" document assembled by the the National Immigration Law Center that includes protocol for ICE raids and other government agency interactions that people might encounter.

IRLC Post-Election DACA Talking Points

[https://gallery.mailchimp.com/3d61b9faf8104197154abb997/files/Post Election DACA Talking Points ILR C.pdf](https://gallery.mailchimp.com/3d61b9faf8104197154abb997/files/Post_Election_DACA_Talking_Points_ILR_C.pdf)

Rights No Matter Who is President

[https://gallery.mailchimp.com/3d61b9faf8104197154abb997/files/Rights No Matter Who Is President.pdf](https://gallery.mailchimp.com/3d61b9faf8104197154abb997/files/Rights_No_Matter_Who_Is_President.pdf)

Lastly, here is series of links to recommended organizations and advocates who are working on behalf of immigrant and other communities in the United States, and are trusted sources of information and services.

- [American Civil Liberties Union](#)
- [American Immigration Lawyers Association](#)
- [Community Initiatives for Visiting Immigrants in Confinement](#)
- [Detention Watch Network](#)
- [HIAS](#)
- [Human Rights First](#)
- [Immigrant Legal Resource Center](#)
- [Tahirih Justice Center](#)

And here are some critical "know your rights" resources that students and others can access.

- [Red Cards from the Immigrant Legal Resource Center](#)
- The ACLU on [what to do](#) if questioned about your immigration status ([Spanish](#)) and if [ICE is at your door](#)([Spanish](#))

- [Resources from the National Immigration Law Center, including information on the rights of those participating in demonstrations](#)
- [A helpful list of Know Your Rights resources from Northwest Immigrant Rights Project](#)
- [Tips for immigrant detainees and their families from Families for Freedom](#)

Please share these with others.

All the best,

Jennifer C. Lutton  
National Scholarships Coordinator  
City College of New York

## **A Memo from:**



### **Preliminary Messaging to Raise Awareness about the Significant Impact of the Presidential Election on Youth Health and Well-Being.**

November 11, 2016

Since the presidential election on Tuesday, Ann & Robert H. Lurie Children's Hospital of Chicago has become aware of several reports that children and youth are experiencing significant distress. Youth who have been affected include frequently marginalized youth, such as LGBTQ youth and refugee/immigrant and undocumented children and youth, but may not be limited to these groups. For refugee/immigrant children, fear of being forcibly separated from family through deportation is clearly traumatic and threatening, especially due to many immigrant populations' emphasis on the centrality of family. Many youth risked their lives to come to the United States to reunite with family members and have themselves often escaped traumatic and life-threatening events in their home countries that propelled them to seek refuge among family and relatives in the U.S. The threat of separation from family, or of the return to life threatening circumstances, generates a sense of hopelessness and helplessness. For, LGBTQ youth, they are frightened that civil rights and broader social acceptance that has been advancing in recent years are at risk. Children of same-gender couples may also fear the dissolution of their parents' marriage and subsequent loss of guardianship. These fears increase a sense of isolation and hopelessness for this group. As a result, college and community counseling centers are being overwhelmed with the volume of calls for support, and schools are reporting instances of hate speech, racist vandalism, and having to cancel classes due to safety concerns.

There is evidence that some students have interpreted the political rhetoric as giving them permission to bully other students of color and minority status. Youth who are victimized by bullies are at risk for severe mental health concerns. Among these youth especially vulnerable are:

- Visible minorities – due to skin color, style of dress (e.g., hijab)
- Gender non-conforming youth
- Refugee/immigrant children and adolescents as this population may not receive the help they need as many of these families do not seek traditional mental health services and lack access to other sources of support
- Recipients of DACA (Deferred Action for Childhood Arrivals) or “dreamers”. For many of these youth, the US is the only country they have ever known and they are scared of both educational/employment disruption and deportation to their countries of origin, many of which are plagued by violence, and where they would be completely alone, without family, education, or employment.
- Those whose family members also may be undocumented and experiencing the same distress

- And those with pre-existing risk factors for suicidal behavior, such as:
  - Depression and anxiety disorders
  - Prior suicide attempts or non-suicidal self-injurious behaviors
  - Substance use
  - Impulsive aggressive behavior
  - Socially withdrawn/isolated

### **IMPORTANT STEPS ADULTS CAN TAKE TO SUPPORT YOUTH**

**1. Model positive coping and stay calm.** Communicate with your words and your behavior that you will keep them safe.

**2. Ensure and promote safety.**

- Many of the racist and hateful things people say or do are not only wrong, but also against the law. Reach out to authorities and leaders who can help hold individuals accountable for promoting hatred.
- Help youth identify safe spaces and safe adults who can speak up on their behalf.

**3. Connect with social support and decrease sense of isolation**

- Universities and schools can offer circles of support, and other safe spaces for students to express concerns and seek support.
- Connect with faith communities, a source of support for many refugee/immigrant communities.

**4. Raise awareness of organized support for refugee/immigrant/LGBTQ rights.** Just knowing that there are organizations who will safeguard their rights can be reassuring to youth. Increasing their sense of control and influence over their environment and their future promotes hope. By donating to or volunteering with these organizations, adults and youth both increase social support and sense of control over their situation.

- It's important not to challenge or dismiss a young person's fears that prejudice will harm them. However, reassure them that there are people and organizations who will help.

- Affirm LGBTQ identities by actively showing support for LGBTQ youths' orientation, gender identity or gender expression. Support can include helping the young person attend LGBTQ youth groups, advising or attending the LGBTQ student groups at your school if you are an educator, or including a young person's LGBTQ friends in family events if you are parent or family member.

**5. Promote healthy coping.** Good ways for youth to cope include:

- Keeping family and school routines
- Relaxation practice
- Talking and spending time with family, friends, or faith communities
- Distraction
- Using humor
- Scheduling pleasant activities
- Exercising
- Writing in a journal
- Being creative or artistic
- Avoiding substance use and isolation
- Limiting media use to avoid repetitive images and messages that remind them of bad events.

**6. Familiarize yourself with signs of distress and signs of potential suicidality:**

- Withdrawing from family and friends
- Dramatic mood change
- Threatening to kill him/herself
- Talking, thinking, or writing about death or suicide
- Feeling hopeless or helpless
- Unusually reckless behaviors
- Giving away prized possessions
- Exposure to others' suicidal behavior

**KEY WAYS ADULTS SHOULD COMFORT CHILDREN**

**1. Remind children that 'Adults around you will protect you.'**

- Kids are scared by adult reactions, like strong emotions, violence, or talking about moving to

other countries. This makes kids think that adults in their life are not in control and cannot keep them safe.

- It is important for parents to model taking care of themselves and good coping skills.

**2. Remind children we have a government system of checks and balances.**

- There are democratic processes in local, state and federal governments.
- Lawmakers can use democratic processes to prevent the president from making decisions alone.

**3. Remind them there is still hope, and people will fight for them.**

- The United States is a country of immigrants.
- Our country is founded on the principles of freedom of religion.
- Human and civil rights organizations will fight for individuals' rights and to prevent unlawful decisions.
- We accept different opinions in a democracy, and individuals should stand up for what they believe is right.